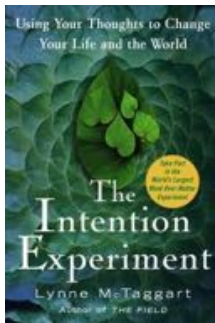




KMHC August Newsletter

Featured Title



Dear Richard,

I wasn't planning on writing a newsletter for another month, but I've read something that I couldn't wait to talk about. I picked up a book called [The Intention Experiment](#) by [Lynne McTaggart](#), simply because the title looked interesting.

What's it about? The book is divided into two parts. The first is a history of all the scientific research that's been done on the effects of thought and prayer on our physical world. The second is about new research the author is doing to further study these amazing phenomenon. What I came away with.....

1. An unbelievable amount of research in credible university settings has been going on for quite a long time.
2. The majority of these research studies show a positive effect on the subjects being prayed for.
3. These effects of focused thought and prayer are not limited to just people, (plants respond too!) nor are they limited to present day. (prayers appear to have the ability to go backward in time)

As a person who has one foot in the world of science and the other in spirituality, I have concluded that the two are by no means contradictory nor mutually exclusive but rather two ways of looking at the same thing. So, no matter your religious affiliations or lack thereof, do NOT underestimate what's in your mind and heart in terms of how it affects the world in which you live. Thanks for reading!

Sincerely,

Dr. Richard Venske & KMHC Staff

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